COGNITIVE NEUROLOGY AND ALZHEIMER'S DISEASE CENTER of the Northwestern University Feinberg School of Medicine

THE CLARE at Rush and Pearson

Alzheimer's Disease & Related Illness Spousal/Partner Support Group

Supported by: Northwestern's Cognitive Neurology and Alzheimer's Disease Center (CNADC) and The Clare

Meeting Location: The Clare 55 E. Pearson Chicago IL 60611

Instructions: 19th Floor. Take a left off the elevators. Meeting room is located on the left at the end of the hall. If you are driving, valet parking is provided (Parking fee is \$10).

Meeting Time: 10:30 – 12:00 pm on the 4th Monday of every month (with designated exceptions)

Schedule for 2014:

 $January 27^{th}$ February 24th
March 24th
April 28th
May 19th (3rd Monday due to holiday)
June 23rd
July 28th
August 25th
September 22nd
October 27th
November 24th
December 22nd

For more information, please contact Darby Morhardt, PhD d-morhardt@northwestern.edu or (312) 908.9432

Group Resources

Clinical Services

Neurobehavior and Memory Clinic 676 N. St .Clair, Suite 945 Appointments: 312-695-9627 Research: 312-926-1851 or e-mail <u>memoryresearch@northwestern.edu</u> Provides ongoing clinical care, quality of life enrichment programs and support for families living with a diagnosis. Research opportunities include longitudinal research as well as clinical trials.

Alzheimer's and Related Disorders Resources, Information and Support

Alzheimer's Association Web: <u>www.alz.org</u> or www.alz.org./illinois 800-272-3900 (24-Hour Help Line) Provides: Disease Information, Educational seminars, Medic-Alert Safe Return and Comfort Zone, telephone support, On-line support, and assistance finding referrals and local care.

Lewy Body Dementia Association Caregiver Helpline: 800-539-9767 http://www.lewybodydementia.org/

Association for Frontotemporal Degeneration http://www.theafted.org 866-507-7222

Finding Additional Care

Local Area Agency on Aging <u>http://www.eldercare.gov/</u> Information & Referrals, care management, respite programs, benefits check up, and caregiver support

National Association of Professional Geriatric Care Managers

http://www.caremanager.org/

A professional Geriatric Care Manager (GCM) is a health and human services specialist who helps families who are caring for older relatives. The GCB is trained in any of several fields related to care management, including nursing, gerontology, social work, or psychology, with a specialized focus on aging.

National Private Duty Association

(317) 663-3637 or http://www.privatedutyhomecare.org/

Private duty home care agencies are companies that provide home care aides, companion care, homemaker services and may provide nursing services in the client's home or place of residence. Members of the NPDA employ trained caregivers and assume all responsibility for the payroll and all related taxes.

Financial/Legal/Insurance Information and Services

Medicare www.medicare.gov or 800.MEDICARE

National Academy of Elder Law Attorneys

www.naela.org Elder Law Attorney can assist with legal and financial planning.

Social Security Disability – 800-772-1213 or www.ssa.gov

This list is not exhaustive. For more information resources or referrals, contact your social worker at the Neurobehavior and Memory Clinic. At 312.695.9627 or the Alzheimer's Association Care Consultant 1-800-272-3900