

COGNITIVE NEUROLOGY AND ALZHEIMER'S DISEASE CENTER

of the Northwestern University Feinberg School of Medicine

ARE YOU HAVING MEMORY PROBLEMS?

***PARTICIPANTS WITH MILD COGNITIVE IMPAIRMENT
(MCI)
NEEDED FOR RESEARCH***

The Northwestern CNADC is seeking individuals with mild cognitive impairment (MCI) to help us better understand age-related changes in memory and other brain functions. MCI can represent a risk for developing more serious memory problems in the future. The research entails an initial visit where research neurological and neuropsychological examinations are conducted and a blood sample is drawn for research analyses. Once enrolled, you will be invited from time to time to participate in one of several additional research studies at Northwestern focusing on aging, mild memory loss and factors that can influence brain function, such as sleep. For most of these studies you will receive compensation for your time in addition to information about keeping your memory healthy. A brief screening will be completed by telephone to assess your eligibility for participation.

The following criteria should be met before you call us for screening:

- ***Age 55 or older***
- ***In relatively good health; controlled medical conditions permitted***
- ***Problems with short term memory that seem to be more than others your age or a diagnosis of Mild Cognitive Impairment***
- ***Independence in daily living activities***

If you have had any of the following conditions, you cannot be included:

- *Stroke*
- *Traumatic Brain Injury*
- *Brain Tumor*
- *Epilepsy*
- *Active Cancer or Other Chronic, Debilitating Medical Conditions*
- *Diagnosed Major Psychiatric Illness (E.g. Major Depression, Bipolar Disorder, Schizophrenia, and others)*



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