



Alzheimer's Disease & Related Illness Adult Children Support Group

Supported by:

Northwestern's Cognitive Neurology and Alzheimer's Disease Center (CNADC) and The Clare

Meeting Location: The Clare, 55 E. Pearson, Chicago, IL 60611

Instructions: Come to the lobby of the Clare and you will be directed to our meeting location on the 19th Floor. The Clare offers valet parking for \$10.

Meeting Time: 6-7:30pm on the
1st Monday of every month (with designated exceptions)

Schedule for 2014:

January 6th

February 3rd

March 3rd

April 7th

May 5th

June 2nd

July 7th

August 4th

September 8th (2nd Monday due to Holiday)

October 6th

November 3rd

December 1st

For more information, please contact Darby Morhardt, PhD, LCSW
d-morhardt@northwestern.edu or (312) 908-9432 or (312)-695-9627

Group Resources

Clinical Services

Neurobehavior and Memory Clinic

676 N. St .Clair, Suite 945

Appointments: 312-695-9627

Research: 312-926-1851 or e-mail memory-research@northwestern.edu

Provides ongoing clinical care, quality of life enrichment programs and support for families living with a diagnosis. Research opportunities include longitudinal research as well as clinical trials.

Alzheimer's and Related Disorders Resources, Information and Support

Alzheimer's Association

Web: www.alz.org or www.alz.org/illinois

800-272-3900 (24-Hour Help Line)

Provides: Disease Information, Educational seminars, Medic-Alert Safe Return and Comfort Zone, telephone support, On-line support, and assistance finding referrals and local care.

Lewy Body Dementia Association

Caregiver Helpline: 800-539-9767

<http://www.lewybodydementia.org/>

Association for Frontotemporal Degeneration

www.theaftd.org

866-507-7222

Finding Additional Care

Local Area Agency on Aging

<http://www.eldercare.gov/>

Information & Referrals, care management, respite programs, benefits check up, and caregiver support

National Association of Professional Geriatric Care Managers

<http://www.caremanager.org/>

A professional Geriatric Care Manager (GCM) is a health and human services specialist who helps families who are caring for older relatives. The GCM is trained in any of several fields related to care management, including nursing, gerontology, social work, or psychology, with a specialized focus on aging.

National Private Duty Association

(317) 663-3637 or <http://www.privatedutyhomecare.org/>

Private duty home care agencies are companies that provide home care aides, companion care, homemaker services and may provide nursing services in the client's home or place of residence. Members of the NPDA employ trained caregivers and assume all responsibility for the payroll and all related taxes.

Financial/Legal/Insurance Information and Services

Medicare

www.medicare.gov or 800.MEDICARE

National Academy of Elder Law Attorneys

www.naela.org or 508-881-4005

Elder Law Attorney can assist with legal and financial planning.

Social Security Disability – 800-772-1213 or www.ssa.gov

This list is not exhaustive. For more information resources or referrals, contact your social worker at the Neurobehavior and Memory Clinic. At 312.695.9627 or the Alzheimer's Association Care Consultant 1-800-272-3900